



Delaware Academy of Nutrition and Dietetics

eat right. an affiliate of the Academy of Nutrition and Dietetics

Deerfield Golf Club
Newark, DE

2025 DAND Annual Conference Tee Up for Wellness: Building Healthier Communities Through Nutrition

| Time | Monday, May 2, 2025 | | CEUs |
|---|---|--|------|
| 7:00 AM - 8:00 AM | Registration & Breakfast | | |
| | ***Do not forget to build your own swag bag!*** | | |
| 8:00 AM - 8:10 AM | Welcome | | |
| 8:10 AM - 9:10 AM <i>Live Q&A 9:00-9:10 AM</i> | New Castle Room Focus: Child Nutrition | | |
| | Alissa Smethers, PhD, RDN, LDN Assistant Professor of Instruction, Temple University Understanding Children’s Food Intake: The Role of Environmental Factors and Different Food Classification Systems | | 1.0 |
| 9:10 AM - 9:25 AM | Wellness Break Vendors & Silent Auction in the Kent Atrium Poster Presentation in the New Castle Room | | |
| 9:25 AM - 10:25 AM <i>Live Q&A 10:15-10:25 AM</i> | New Castle Room Focus: Research | Delaware Room Focus: Community Nutrition/Public Health | |
| | Bharathi Ramesh, MS Clinical Research Coordinator II, Icahn School of Medicine at Mount Sinai Bridging the Gap: Overcoming Challenges in Clinical Research to Advance Nutrition Science | Diane Oliver, MPH, RDN, LDN and Kimberly Moore, MS, RDN, LDN University of Delaware Cooperative Extension Cooperative Extension: Resources for You and Your Clients | 1.0 |
| 10:25 AM- 10:45 AM | Wellness Break Vendors & Silent Auction in the Kent Atrium Poster Presentation in the New Castle Room | | |
| 10:45 AM - 11:45 AM <i>Live Q&A 11:35-11:45 AM</i> | New Castle Room Focus: Emerging Trends/Technology | | |
| | Rachel Stahl Salzman, MS, RDN, CDN, CDCES Lecturer in Medicine Tech Tools in Nutrition: Digital Health for Personalized Care | | 1.0 |



| | | | |
|---|---|--|-----|
| 11:45 AM - 12:10 PM | Business Meeting & Awards | | |
| 12:10 PM - 1:00 PM | Lunch Vendors & Silent Auction in the Kent Atrium Poster Presentation in the New Castle Room | | |
| 1:00 PM - 2:00 PM <i>Live Q&A 1:50-2:00 PM</i> | New Castle Room Focus: Human/Sports Nutrition Megan Lautz, MS, RD, CSCS, TSAC-F Registered Dietitian, RescueRD LLC Fueling America's Bravest: Nutrition Considerations for First Responders | | 1.0 |
| 2:00 PM - 3:00 PM <i>Live Q&A 2:50-3:00 PM</i> | New Castle Room Focus: Yoga/Meditation Megan Breza Patchell, CPT, NDTR Yoga Instructor, Lotus Strength Yoga Studio The Interplay of Yoga, Meditation and Nutrition: Enhancing Mindful Eating Practices | Delaware Room Focus: Child Nutrition/Medical Nutrition Therapy Michell Fullmer, RDN, LDN, CSP Senior Clinical Dietitian, Nemours Children's Hospital Pediatric Oncology Fundamentals | 1.0 |
| 3:00 PM - 3:30 PM | Wellness Break Vendors & Silent Auction in the Kent Atrium Poster Presentation in the New Castle Room <i>***The silent auction closes at the end of this break***</i> | | |
| 3:30 PM - 4:30 PM <i>Live Q&A 4:20-4:30 PM</i> | New Castle Room Focus: Medical Nutrition Therapy/Nutrition Support Bridget Storm, MA, RD, LDN, CNSC Education Consultant/Owner, Storm Nutrition Study Support Corporate Support Dietitian - Acute Care, Metz Culinary Management Nourishing Recovery: Cutting-Edge Strategies in Critical Care Nutrition | | 1.0 |
| 4:30 PM - 4:45 PM | CLOSING REMARKS <i>Silent Auction Checkout for Winners</i> | | |

*Agenda is subject to change

**A total of 6 CEUs are expected to be approved by the Commission on Dietetic Registration