## 2025 DAND Annual Conference

## Tee Up for Wellness: Building Healthier Communities Through Nutrition

Deerfield Golf Club, Newark, DE May 2, 2025

Conference will begin at 8:00am and conclude around 5:00pm

## **Speakers and Topics:**

Alissa Smethers, PhD, RDN, LDN

Understanding Children's Food Intake: The Role of Environmental Factors and Different Food Classification Systems

Bharathi Ramesh, MS

Bridging the Gap: Overcoming Challenges in Clinical Research to Advance Nutrition Science

Michell Fullmer, RDN, LDN, CSP *Pediatric Oncology Fundamentals* 

Megan Lautz, MS, RD, CSCS, TSAC-F

Fueling America's Bravest: Nutrition Considerations for First Responders

Rachel Stahl Salzman, MS, RDN, CDN, CDCES

Tech Tools in Nutrition: Digital Health for Personalized Care

Megan Breza Patchell, CPT, NDTR

The Interplay of Yoga, Meditation and Nutrition: Enhancing Mindful Eating Practices

Diane Oliver, MPH, RDN, LDN and Kimberly Moore, MS, RDN, LDN Cooperative Extension: Resources for You and Your Clients

Bridget Storm, MA, RD, LDN, CNSC

Nourishing Recovery: Cutting-Edge Strategies in Critical Care Nutrition