

## The Academy's Action Center: How to Take Action Tutorial

Welcome to the Academy's new Action Center. This tool allows you to send an electronic letter directly to your U.S. Representatives and/or Senators to express support or opposition for bills that impact our profession and the health and nutrition of Americans. Action alerts allow us to bring our issues to the attention of members of Congress, and raise awareness about and add legitimacy to a particular priority issue. Follow the steps below to make your voice heard:

1. On the Action Center welcome page, begin by clicking on the "take action" button or hyperlinked text.

## Action Center

Amplify the Academy of Nutrition and Dietetics' voice for better food, nutrition and health policies. Learn how to speak effectively on behalf of public health and reformed health care policies and help build recognition that you are the food and nutrition expert!

Support for nutrition is not only good public policy, it is good politics. Members of the Academy of Nutrition and Dietetics have the ability and responsibility to urge consumers and lawmakers to learn about the positive role nutrition plays in promoting and maintaining healthy lifestyles. Nutrition also plays an effective role in disease management and treatment. For both individuals and society, the benefits of eating right and exercising include improved qualities of life and lower health care costs.

We urge you to use the resources provided by the Academy to ensure that your elected officials in Washington, D.C. know your views as both a constituent and nutrition and dietetics professional. Your engagement is extremely important to the success of our agenda — and there are numerous ways to get involved.

### Action Alerts


Academy members can [take action](#) by sending an electronic letter to their representatives or senators to express their support or opposition for bills that impact our profession and the health and nutrition of Americans. Action alerts allow us to bring our issues to the attention of members of Congress, and raise awareness about and add legitimacy to a particular priority issue. Take action by clicking the button below — it literally only takes a minute!

Click to take action



2. After clicking on the green "take action" button or text, you will be asked to sign in to your Academy account with your User ID or Password. Sign in to continue. If you are already signed into your account, you will be automatically directed to the next page.

**Sign in to your Academy account**



Academy of Nutrition and Dietetics

Use this secure universal login to access the Academy's official websites, including eatrightPRO.org, eatrightSTORE.org, eatrightCPE.org, DPG/MIG sites, digital products and more.

**Continue**


[Don't have an account?](#)

Forgot User ID? For your security, User ID requests must be made through the Member Service Center. Please call (800) 877-1600 x 5000

- You will now be on the Action Center homepage. Here you can scroll down and read through any open Action Alerts the Academy has available. To take action, simply click on the open alert and continue. In this example I'll be taking action on the Nutrition Care Act.

Home > Action Center

## Action Center



**Support the Nutrition CARE Act**

The bipartisan, bicameral Nutrition Counseling Aiding Recovery for Eating Disorders (CARE) Act of 2019 (S. 2907, H.R. 3711) expands Medicare medical nutrition therapy coverage to include care for patients with eating disorders in an outpatient setting. This bill fills a...

- At the top of this page you should see text that says, “Hi *your name* in *your location*,” which is a quick way to confirm you are ready to go. On the left-hand side of this page you can read a little more about the policy issue the Academy supports and on the right-hand side of the page you can review your profile contact information that is used to connect you with your member(s) of Congress. Your first name, last name, email address and home information should be automatically filled in for you. **Note: you may need to fill in the Prefix box to take action.**

After confirming that your profile information is correct, you may choose to sign up for text alerts, subscribe to email alerts or be remembered the next time you log in. We encourage you to keep the “Remember me” box checked to make taking action the next time around easier.

Click on the green “Review Your Message” button to continue.

## Action Center

Hi Nathaniel in Washington, DC!



The bipartisan, bicameral Nutrition Counseling Aiding Recovery for Eating Disorders (CARE) Act of 2019 ([S. 2907](#), [H.R. 3711](#)) expands Medicare medical nutrition therapy coverage to include care for patients with eating disorders in an outpatient setting. This bill fills a critical gap in coverage for individuals with eating disorders who currently cannot use their Medicare coverage to receive outpatient MNT. The Academy prefers the Senate version of this bill, which includes our technical corrections. The House has agreed to adopt the Senate language if the bill moves forward, so the Academy supports both bills.

Let your members of Congress know how important this bill is to you, our profession, and all the individuals with eating disorders who would benefit from this expansion!

**Review Your Profile** Not Nathaniel?

**Your Information**

Mr. Nathaniel Stritzinger  
 nstritzinger@eatright.org

Send me text alerts

**Home Information** Address Okay

1120 Connecticut Ave NW  
 Washington DC 20036

Keep me subscribed to email alerts  
 Remember me

**Review Your Message**

5. On the right-hand side you will see a bulleted list of your U.S. Senators and/or Representatives. You will have the opportunity to customize the message you are sending to them by clicking on the editable text box. In the message body, for example, add a personalized story about why this issue is important to you or share information that is specific to your state or congressional district.

**Note: According to the Congressional Management Foundation, members of Congress are four times more likely consider taking action on a personalized request versus a form letter when receiving fewer than 50 messages from constituents on a specific issue they have not firmly arrived to a decision on.**

Once you have finished personalizing your message, click on the green “Send Message” button to send your message.

Hi Nathaniel in Washington, DC!



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#### Compose Second Message

- Delegate Eleanor Norton

#### Subject

Support the Nutrition CARE Act

#### Message Body

As your constituent and a member of the Academy of Nutrition and Dietetics, I urge you to support the bipartisan Nutrition CARE Act (H.R. 3711), which would provide access to critical nutrition care services to individuals with eating disorders.

Eating disorders have the second highest mortality rate of all mental health disorders. Three to four percent of older women and one to two percent of older men meet the

**Send Message**

6. After sending your message you will receive a thank you on the next page and confirmation with which members of Congress you have contacted in a bulleted list. You can share that you have taken action on this issue on social media by choosing to share via Facebook, Twitter, LinkedIn, or email.

To take action on additional Action Alerts, click on the hyperlinked “Action Center” text to return to the Action Center homepage.

## Action Center



### Confirmation

Thank you for asking your members of Congress to support the Nutrition CARE Act! To take action on additional open alerts, return to the [Action Center](#).

You have communicated with the following:

- Delegate Eleanor Norton (*email*)

### Share with Friends

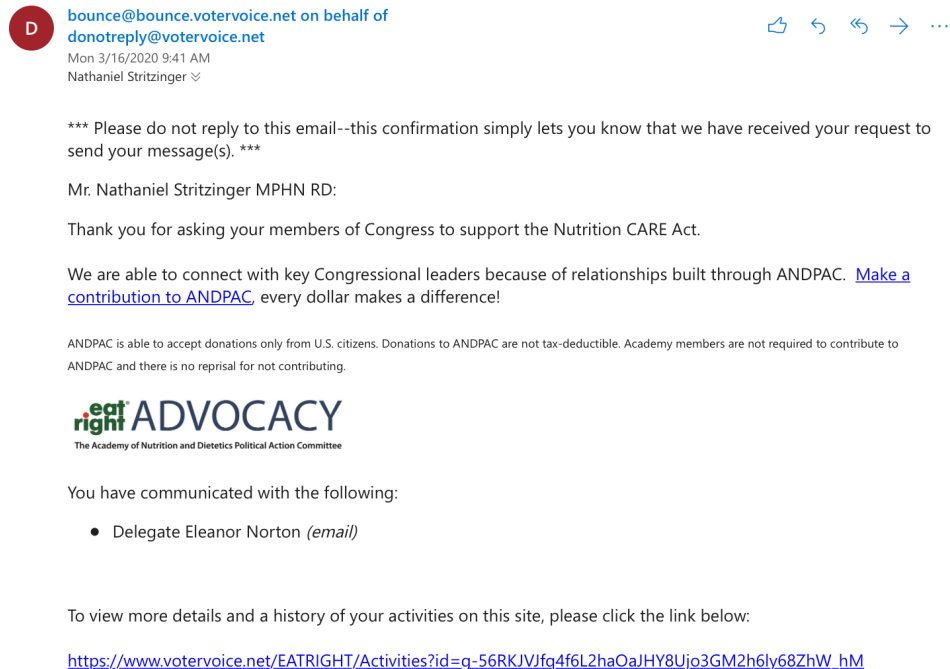


Or copy the link below to share this campaign on your personal website

<http://www.votervoice.net/Shares/BznhfA16ACILRAmjXAW7FAA>

Copy Link

7. You will also be sent a confirmation email from [bounce@bounce.votervoice.net](mailto:bounce@bounce.votervoice.net) notifying which congressional offices you have contacted about this issue. Please save this email to your records so you know which alerts you have taken action on. If you would like to see a history of all the Action Alerts you have ever taken, you can click on the link at the bottom to see the details and history of your activities.



**Thank you for taking action! If you have any further questions or need additional assistance, please contact [Emily Kranias](#).**